



Mighty Tritons Aquatic Club (MTAC)

APPENDIX “ A ” - SWIMMER CODE OF CONDUCT

I _____, a competitive swimmer with the Mighty Tritons Aquatic Club understand and agree that as a commitment to myself, my coaches, my parents and my teammates, I will:

- a) Arrive on time for every practice and competition;
- b) Attend all swim practices and Club events, with all equipment that I need;
- c) Follow coaches instructions at practices and competitions;
- d) Strive to be my best and always be ready, willing and able to participate in all practices and competitions to the best of my abilities;
- e) Recognize that swimming is a team sport and I should help my team mates to strive to be their best and reach their personal goals;
- f) Behave respectfully towards my coaches, my teammates, swim officials and fellow competitors at all times;
- g) Behave in a positive manner when representing The Mighty Tritons Aquatic Club;
- h) Not participate in unacceptable behaviour including, but not limited to: swearing, bullying others, or any illegal activities;
- i) Be a positive role model to other Mighty Tritons swimmers, especially any who are younger than me;
- j) Use social networking safely, when involved in any team activity;
- k) Use social media responsibly by respecting the privacy of MTAC members;

Swimmer Signature

Date